



The Ruby Pardue Blackburn

Adult Day Health Care Center

The Ruby Pardue Blackburn Adult Day Health Care Center provides a safe, home-like environment for adults, which cannot remain safely at home during the day while their caregivers goes to work, runs errands, or simply rests. This includes skilled nursing care and activities for adults from 6:00a.m. to 6:00p.m. each weekday.

Adult day care participants receive:

- 12 hours of quality care and supervision by a professional staff member who are CPR and First Aid trained, along with special trainings geared toward the population served.
- Health care and medication monitoring by a Registered Nurse.
- A variety of enriching and stimulating activities throughout the day with focus on cognitive, physical and social aspects.
- Therapy Services which may be arranged through a local agency with a participant's physician order.
- Increased socialization and maintained independence.
- Nutritious breakfast, lunch and afternoon snack approved by a Registered Dietician.
- Beauty/Barber Services

Adult day care family caregivers receive:

- Respite relief.
- Ability to return or continue to work.
- Support services through meetings, support groups and staff consultations.
- Option to continue caring for their loved one in the home, delaying pre-mature assisted living or nursing home placement.
- Lower cost in care prices compared to in home care.

For more information, call (336) 667-2541 or visit www.wilkesadultdaycare.org.

The Ruby Pardue Blackburn Adult Day Health Care Center is a 501 (c) 3 nonprofit organization located at West Park Medical Center in N. Wilkesboro. All contributions are tax deductible.

